

# North Dakota Conference of Social Welfare



## **UNLOCKING HIDDEN POTENTIAL**

Our 99th Annual Conference

**September 25 thru 27 2019**

**Ramada by Wyndham Fargo**

**3333 13th Ave South**

**Fargo ND**

# Wednesday, September 25

**11:00 am - 1:00 pm NDCSW Executive Committee Meeting**

**1:00 pm - Registration Opens**

**1:00 pm - 5:00 pm Resource Fair/Display Booths**

**Preliminary Session 2:00 pm - 4:00 pm**

**2:00 pm - 4:00 pm NDEWA Annual Meeting**

**2:00pm - 4:00 pm #SocialWorkEthics #SocialMedia** 2 CEUs

**Presented by Linda Jaeger & Janelle Miedema, Minnesota State University Moorhead**

As with many areas in our lives, social media and technology have become an important aspect of social work practice. Social workers need to be aware of the unique challenges that may arise in relation to the maintenance of confidentiality, informed consent, record keeping, etc. In 2017 NASW revised the code of ethics to address the burgeoning use of technology and social media. We will examine some of these revisions as well as review an effective ethical decision-making process.

**Opening Session 6:30 pm - 9:00 pm**

**6:30 pm - 7:00pm Welcome and Opening Remarks**

**7:00 pm - 9:00 pm Change: The Key to Unlocking Hidden Potential** 2 CEUs

**Presented by Tim Gard, CSP, CPAE**

We can't change all the things that happen to us or around us every day, but we can change our perception of the things that typically feel stressful. Tim demonstrates and teaches how to shift your perspective from the negative to a more empowering vision of what is...and what is not... possible. By shifting your perspective, you will be able to change your own experience, as well as the experience you create for others in a real, tangible and valuable way. Everyone smiles and laughs in the same language and for that reason, levity and laughter are arguably one of the most powerful tools to create connections and restore a creative, cooperative atmosphere. Human Services Professionals are pushed to the edge daily due to all the stress of the work and it's critically important that people intentionally work to insulate themselves from change and stress. Tim doesn't make light of serious situations, but rather, he shines light on serious situations to reveal previously unseen possibilities. Tim Gard unlocks the secrets of what can make us happy and help us consciously shift our perspective to see life, and the world in a new, more positive way.

# Thursday, September 26

**8:00 am - Registration Opens**

**8:00 am - 5:00 pm Resource Fair/Display Booths**

**Morning Session 8:30 am - 11:30 am**

**Interviewing with Style** 3 CEUs

**Presented by Tim Gard, CSP, CPAE**

This seminar is part lecture and part voluntary audience participation. Throughout the seminar, participants are encouraged to work together to solve interviewing problems that participants have encountered and provide quick solutions to common situations that may derail an interview. The group is encouraged to share best practices in an open forum. Completion of this training will allow the participant to identify and overcome any barriers that may inhibit good communication, to share best practices regarding new technically effective methods of interviewing, discover ways to maintain a strong sense of self-esteem during the interview process and learn new and cutting edge interviewing techniques.

**Part One: *Overcoming Interviewing Barriers***- The first part of this seminar focuses on how to recognize and overcome the often "ignored or unspoken" barriers to successful interviews that all interviewers encounter. Just "asking questions" is not enough, a good interviewer has to balance their interview with understanding attitude, studying metamesages not limited to body language, being prepared for distractions, knowing when to follow up and when to drop a line of questioning, knowing how to avoid placing our personal standards on those being interviewed, understanding how to not take things personally and how to interact not personally, but professionally with the subject being interviewed. Participants will learn about prework, framing and rapport. Participants will also work on how to adapt questions to help produce solid information outcomes that indicate compliance or non compliance with targeted objective areas. Also discussed in this section are internal, external and technical barriers that may inhibit a meaningful interview.

**Part two: *Asking the right questions*** - This section examines some of the technical aspect of interviewing beginning with the basics of open and closed questions and moving on to power words and more advanced techniques. The session then explores ways to maintain rapport, and examines some of the problems and best practices the group has encountered in their own actual experiences. The group is encouraged to pose specific scenarios and then work together to develop solutions.

**Lunch On Your Own 11:30 am - 12:30 pm**

# Thursday, September 26 (Continued)

## Afternoon Breakout Sessions 12:30 pm - 4:00 pm

### Track 1

#### **12:30 pm - 3:30 pm Poverty Simulation (Limited Availability) 3 CEUs**

**Presented by Community Action Partnership Of ND**

Community Action Partnership of North Dakota conducts poverty simulations to large groups for educational purposes. The poverty simulation experience is designed to help participants begin to understand what it might be like to live in a typical low-income family trying to survive from month-to-month. It is a simulation, not a game. The object is to sensitize participants to the realities faced by low-income people. In the simulation, 44 to 80 participants assume the roles of up to 26 different families facing poverty. Some families are newly unemployed, some are recently deserted by the "breadwinner", some are homeless, and others are recipients of TANF, either with or without additional earned income. Other participants are senior citizens receiving Disability or Retirement or grandparents raising their grandchildren. The task of the "families" is to provide for basic necessities and shelter during the course of four 15-minute "weeks".

### Track 2

#### **12:30 pm - 1:30 pm Invisible Disabilities Should Not Be Invisible 1 CEU**

**Presented By Scott Burlingame, Independence Inc.**

Far too often people think "disability" only refers to an obvious physical disability. However a majority of disabilities may not be apparent at first glance. This workshop will focus on the realities of being a person with a non-apparent or hidden disability. We will explore the societal pressures faced by people with these types of disabilities and discuss how the lack of community acceptance can often be a bigger barrier than their disability.

#### **2:00 pm - 4:00 pm Organizational PTSD & Secondary Trauma for Professionals 2CEUs**

**Presented by Sara Stallman, Abound Counseling**

Research tells us that without proactive and informed practices to address secondary trauma in our professional teams, it will travel throughout leadership and agency structures. Let's be informed and have a plan!

## **NDCSW Business Meeting 4:30 pm - 5:30 pm**



# Thursday, September 26 (Continued)

## Evening Session 5:30 pm - 9:30 pm

### 5:30 pm - 6:30 pm Social Hour

Cash Bar will be open throughout the evening

### 6:30 pm - 8:00 pm Awards Banquet

Menu - Garden Salad, Popovers, Chicken Supreme, Roasted Red Potatoes, Country Blend Vegetables

#### Awards Presentation

##### Scholarship presentations

**NDCSW Service Awards:** Given in recognition of years of service in the field of Social Welfare

**President's Award:** Given in recognition of outstanding service to the North Dakota Conference of Social Welfare

**Ruth Meiers Award:** Given in recognition outstanding contribution to the disadvantaged in North Dakota.

**Sister Donna Jean Chaput Award:** Given in recognition of integrating spiritual values into the delivery of outstanding service in the field of social welfare.

### 8:00pm - 9:30 pm Pity Don't Pay the Bills: Songs and Stories of Perseverance Presented by Blind Joe

Joe was taught from a young age having a disability meant you just had to work harder than someone who didn't. It wasn't fair, but neither was life. For all of us, there are two choices: Feel sorry for what you don't have and accept the life given to you, or use the gifts you do have and make life what you want. Through story and song, Joe will share how the choices he made led him from nowhere to performing on stage for thousands of fans, an excellent run on season 9 of NBC's *The Voice*, and becoming one of the most successful solo musicians in North Dakota and Minnesota.



# Friday, September 27th

## Closing Session 8:30am - 12:00 pm

### 8:30 am - 9:30 am Implementing SB - 2124: A Legislative Forum 1CEU

#### Scheduled to appear:

Senator Tim Mathern (D District 11)

Senator Judy Lee (R District 13)

Senator Kristen Roers (R District 27)

Rep. Gretchen Dobervich (D District 11)

### 9:45 am - 11:45 am Through My Eyes: Seeing Life as a Person with Vision Loss 2CEUs

Presented By Amy Osvold, Tracey Wicken, and Margo Lentz, ND Vision Services/School for the Blind

**Part One: *Brunch with Blindfolds***- Eating is one of the most social acts we perform as a group. For those with vision loss, it can be a nerve-wracking experience. This simulation will allow you to immerse yourself in the sightless world and learn techniques to help your clients feel comfortable and confident not only dining, but in general interactions.

**Part Two: *Step by Step*** - All too often a well-meaning person will try to help a person with vision loss move through their environment by pushing and pulling them without giving any warning as to where they are going or when they are going to move, leaving the person with vision loss feeling Disorientated and out of control. Human guide is a set of techniques where a guide gives verbal and non-verbal cues to the person they are guiding, resulting in a feeling of graceful dignity for the person being guided.

**Part Three: *Are challenges and changes obstacles or opportunities?*** – Amy will speak on her 36-years of vision loss and how her attitude toward challenges and change has helped her not only cope with diminishing vision, but turn it into opportunity.

## 11:45am - 12pm Closing Remarks

